

**Welcome** to the 2017 Young Rider Dressage Squads and Development Program's training weekend, 22-23 April at Werribee Park NEC. Below is some information about how the days will run.

**Registration:** All riders (or their parents) must register on Saturday morning. Registration sheets will be available in Indoor 1 from 8.30am on Saturday. Please note if there are any errors in your information, horse name changes, etc.

**Stabling / Camping:** Please contact Werribee Park NEC, 97417672 or [www.wpnec.com.au](http://www.wpnec.com.au) to organise as soon as possible please.

**Team Meeting: Saturday 12.45-1.15. EVERYONE** is asked to attend this as we will discuss the progress of the Squad and ask for ideas for the future. Look out for a SURPRISE for all riders.

**Vet talks:** We are lucky to have Dr Emma Stella-Hall to give talks based on the syllabus for the Intro Horse Management work book at both the March and April training weekends. If you are registered for IHM you can be signed off on that chapter IF you take an active part in Dr Emma's talks (answer questions etc)

**Lunch:** Will be provided for riders and parents each day. If you have any special dietary requirements could you please provide your own. We do need helpers each day to set out lunch and clean up afterwards. If you can help could you please email Jan [jancsmith@bigpond.com](mailto:jancsmith@bigpond.com)

**New Zealand Trip:** Presentation by our team of riders that recently represented Victoria at the NZ Youth Championships. This will take place in Indoor 1 at approximately 5.45pm. Please support our riders, Alicia, Fern & Jamie.

**Saturday night free barbeque in the Indoor:** Approximately 6.45 pm. Everyone is welcome. Thanks to Adele Plumridge and Kirby Taylor for organising. Could you advise on Saturday morning if you plan to attend.

**Lessons:** All riders will receive a riding lesson each day. Your times are on the timetable that will be sent to you, and also on the website: [www.vic.equestrian.org.au](http://www.vic.equestrian.org.au). Please make sure your gear is safe and suitable for the task. Please also remember that if you don't understand something in a lesson – ASK your instructor about it, hopefully in the lesson, or afterwards. Please also ensure that your helmet is in good order, the correct standard and securely fastened. We are fortunate to be able to offer ALL riders a private lesson this weekend.

**Athlete Fitness Sessions (Sunday):** Conducted by Natalia Evertsz **PLEASE WEAR SUITABLE CLOTHES, FOOTWEAR** and bring a **yoga mat** or something similar. If you are not in the habit of exercising a lot, please advise Natalia.

**Medication Control (Swabbing) Sessions:** We need **PARENTS** to attend these sessions as if your child is under 18 you will probably be the person responsible if your horse is selected for random swabbing. These sessions also include information about drugs and record keeping

**EA Introductory Riding and Horse Management Certificates.** Riders that I know are registered have \*\* behind their names. If you think that you are registered can you let Jan know, or advise on the sign in forms.

**Enquiries:** If you have an enquiry about the timetabling please contact **Jan Smith** 0417527412 or [jancsmith@bigpond.com](mailto:jancsmith@bigpond.com)

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**Team App:** New members remember to register for Team App as lots of information is sent out to Squad (it is a closed group and you are encouraged to post photos of your horses and yourselves for everyone to enjoy)

**Facebook:** Don't forget to keep up to date on our FB page. It is a great way to get information out to everyone.

Please give our visiting Canadian instructor, Dr. Susan Thompson, a warm welcome. Sue will be teaching on Sunday. You can check out her establishment in BC at [www.crescentstables.com](http://www.crescentstables.com)

I hope you have a great weekend.

Jan Smith

Squad Coaching Co-ordinator

0417 527412

[jancsmith@bigpond.com](mailto:jancsmith@bigpond.com)

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