

The Wimmera Equestrian Club presents:

# Dressage Protocol & Training Day

Saturday 21<sup>st</sup> July, 2018

Indoor Arena @ RRR Horsham, 98 Riverside Road, Dooen



We welcome **Jane Ventura** (A Level Judge and Head of EV Dressage Judges Education Panel) and **Sue Thornley** (D Level Judge) to our panel of experts supporting each rider at our Protocol Day.

But that's not all! We have: **Bit Fit**, **Pilates** for Riders, Stretching and **Massage for your Horse**, 15 minute **Pre-Test Tune Up** lessons from a Bevy of Senior Riders and Coaches, **Activo-Med Horse Massage** Sessions and '**Ask the Expert**' Learning Session in the Indoor Arena.



Wimmera Equestrian Club

## What is a Dressage Protocol Day?

### - 20-30 minutes Private Sessions -

Dressage Protocol Days are a great opportunity for riders to learn how to improve the riding of a dressage test in a more relaxed environment, by giving them 'on the spot' access to the dressage judge. Unlike a riding clinic, these protocol days focus on 'how' the test is ridden, rather than whether a rider can walk, trot or canter.

Each rider rides a test, then has the opportunity to talk with the judge who will give feedback on how to improve the riding of the test or individual movements - all with the view to gaining more marks. Then you have the opportunity to ride all or parts of the test again.

This is a great opportunity to ride a Level-Up from your current competition level, or to refine your test riding under the guidance of the most experienced judges.

### Costs

From the outset we want all participants to know that even if we have a full book of riders/participants, hosting this event is forecasted to be an out of pocket cost for the Wimmera Equestrian Club.

However, we are excited to bring so many outstanding professionals to one event – all at an affordable cost for our valued volunteers and riders, both members and non-members.

This is our opportunity to partially fund these professional services for everyone to enjoy.

## What else is happening at the WEC Dressage Protocol Day?

### Pilates for Riders - 1 hour Group Session:

All Fours Animal Physiotherapy presents a group pilates session tailored to dressage riders.

All Fours Physiotherapy is a mobile Physiotherapy service for Dogs, Horses and Riders. They are fully qualified to treat both humans and animals. Brooke and Sarah will share their Physio, Pilates and equestrian experience with a tailor-made group pilates session.

No experience necessary. Come along and join the fun. (Please bring your own yoga mat if you have one)



ACTIVO-MED

ACTIVO MED  
THERAPY SYSTEM

Impulse line: 2 proven therapies - One world renowned system



## Activo-Med:



Amanda Kroehn, an Activo-Med convert, has decided to offer other local horse owners, riders and trainers the amazing benefits of this unique and highly successful therapeutic rug. Private Sessions for you and your horse at a discounted rate.

Endorsed by Charlotte Dujardin and Carl Hester, to name a few, Activo-Med leads the world as the only system combining Pulsed Electro Magnetic Field (PEMF) and Massage.

The Activo-Med Therapy rug has the ability to personalise your own treatments to address the individual needs and issues of your horse. It can be used to prevent injuries and prepare your performance or leisure horse or assist with the rehabilitation of a range of equine injuries and ailments.

For more information check out Amanda's Facebook page - Activo Equine

## Equine Stretching and Massage – 1 hour Group Session:



All Fours Animal Physiotherapy are presenting an interactive group session, sharing with you some great take-home techniques for stretching and massaging your equine athlete.

From injury prevention, to increased suppleness, this is a hands-on session not to be missed. Animal Physiotherapy can help your equine athlete to repair damage, reduce stiffness, increase mobility and ultimately improve the quality of life for your equine partner.

More information about the girls from All Four Animal Physiotherapy can be found at: [www.allfoursphysio.com.au](http://www.allfoursphysio.com.au)

## Bit-Fit – 40 minute Private Sessions:

Loren Wellings from Horse Bit Emporium will be offering private consultations.

Loren's service involves checking your horse's current biting situation. She looks at mouth anatomy, styles used in the past, and why or how they worked for you. Loren will then allow you to trial some biting styles.

Bits will also be available for purchase on the day.

Loren's website is [www.horsebitemporium.com](http://www.horsebitemporium.com) if you would like to browse her products.



## Pre-Test Tune Up – 15 minute Private Sessions:

Would you like to go in to your Protocol Test Session with all guns blazing? Utilise the help of one of our Senior Riders for a pre-test tune up. They can support you with warm-up techniques that match your current training level.



# WEC DRESSAGE PROTOCOL DAY

## Entry Form

RIDER NAME	
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Are you a member of the Wimmera Equestrian Club: YES / NO

If no, you must be a member of Equestrian Australia. Please insert details below

Rider E.A. Member number	
HORSE NAME	
Horse E.A. Registration Number	
Bridle Number	

**Protocol Day Tests will be:** Prep A, 1.1, 2.1, 3.1, 4.1, 5.1 and FEI available upon request

WHAT TEST ARE YOU RIDING? \_\_\_\_\_

### Please Circle your relevant entries:

	WEC Members	Non-Members
PACKAGE OPTION (Does not include Bit-Fit or Activo-Med)		
Protocol Day Package	\$80	\$110
INDIVIDUAL SESSION OPTIONS		
Protocol Day Test Only	\$55	\$70
Pilates	\$10	\$20
Equine Massage and Stretching	\$10	\$20
Pre-Test Tune Up	\$15	\$25
Activo-Med	\$50	\$50
Bit-Fit	\$50	\$50
Facility Fee	\$5	\$5
Yard	\$10	\$10
<b>TOTAL:</b>		

**Entries:** We prefer entries to be emailed to: [wecdressage1@gmail.com](mailto:wecdressage1@gmail.com), and payment to be made by Direct Deposit (with Surname in Description) to:

**Wimmera Equestrian Club**, BSB: 013-665, Account Number: 285 244673.

