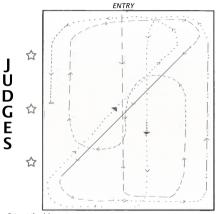
2014 EA Australasian Show Horse and Rider Championships Senior Rider Workout



Enter at the rising trot.

Turn left and in sitting trot make a 15m. half circle left, cross the centre line and make a 15m. half circle right.

Continue in rising trot past the entry point and turn right across the diagonal showing lengthened strides, sitting or rising. Turn left.
At the centre of the next short side canter left and lengthen the strides down the long

At the centre of the next short side canter left and lengthen the strides down the ionside.

Collect and turn left up the centre line, changing lead through 10m, of walk in the

Collect and turn left up the centre line, changing lead through 10m. of walk in the centre.

Continue in right canter, turn right across the diagonal with an optional change in the

centre.
After the entry point turn left and return to the judges in sitting trot, halting parallel to them.