





# YOUNG RIDER DRESSAGE SQUADS AND DEVELOPMENT PROGRAM



An initiative of Equestrian Victoria in association with:













# Introduction to the Saddleworld Victorian Dressage Young Rider Squads & Development Program

- To provide a pathway for young riders allowing them the opportunity to "Take the Next Step" onto further participation in the Dressage Sport.
- To provide opportunities, resources and an environment that will encourage young Victorian
   Dressage riders to learn more about the sport, develop and improve their skills, and compete at
   more advanced levels.
- To identify, foster and assist the development of talented junior Victorian Dressage riders that show the potential for future selection and participation in State & National high performance programs.



Supported by:

Mary Hanna,
Maree Tomkinson,
Gitte Donvig,
Boneo Park Equestrian Centre
Ingrid Crichton,
Mole Map,
Justine Greer,
Balmoral Equestrian Centre,
The Footy Show
Victorian Parliament House Restaurant
Grand Hotel Spencer St Melbourne
Natasha Rogers Photograghy
Saddleworld,
Hamag









**Kool It Wraps** 





### How the Squads will work:

- Riders can apply from the commencement of the calendar year in which they turn ten years old on ponies and twelve on horses, (as per the EA Rules) and can remain in the squads until the end of the year in which they turn twenty five.
- HRCAV endorsed. Any interested members are VERY welcome to apply.
- Riders must be financial members of either Equestrian Victoria or HRCAV.
- Horses in the Development Program do not need to be EV registered.
- There are 4 training weekends planned (8 training days) plus a Protocol test riding day.

## **Victorian Youth A Squad:**

Will consist of a maximum of 12 best performed combinations—Novice / Elementary x 3 + Medium / Advanced x 3 + FEI x 4 + 2 wildcards.

## **Victorian Youth B Squad:**

Will consist of a maximum of 20 best performed combinations (excluding the Victorian Youth A Squad)

—Novice / Elementary x 10 + Medium / Advances x 5 + FEI x 5

## **Development Program:**

This will be for riders that may, for whatever reason, not fill the above criteria. There will be squads or groups that will form within this Development Squad:

Junior: 10 to 14 years Senior: 15 to 25 years.

This is to give every rider the chance to work with other riders of similar levels and ages. Ponies will also be catered for within levels / groups.

#### **Training Weekend Format:**

- Typically A Squad members will receive 1 private riding lesson each day
- ♦ Typically B Squad members will receive 1 shared (group of 2) riding lesson each day
- Typically Development Program groups will receive 1 shared (usually a group of 2) lesson each day.
- All Squads and groups will also work with a qualified personal fitness trainer to maximise their potential as an athlete.
- Innovative entertainment on the Saturday night (ideas welcome) & Social Activities
- Squad merchandise will be available
  - Sports Psychology
  - Training Theory
  - Nutrition Rider & Horse
  - Protocol Test Riding
  - \*Undertake EA's Intro Riding & Horse
     Management Certificate
  - Social Activities

- ASADA Official Lectures
- Saddle Fitting
- Gymnastic Training (poles & grids / jumping
- Equine Anti Doping & Controlled medication Rules
- \* Training for Introductory & Level 1 Coaching Qualifications
- Sports Science / Sports Medicine
- \* Additional costs may apply









### Code of Conduct for the Welfare of the Horse

Equestrian Victoria, Equestrian Australian and the FEI expect all those involved in equestrian sport to adhere to the Code of Conduct and to acknowledge and accept that at all times the welfare of the horse must be paramount and must never be subordinated to competitive or commercial influences.

- At all stages during the preparation and training of competition horses, welfare must take precedence over all other demands. This includes good horse management, training methods, farrier and tack, and transportation.
- 2. Horses and competitors must be fit, competent and in good health before they are allowed to compete. This encompasses medication use, surgical procedures that threaten welfare or safety, pregnancy in mares and the misuse of aids.
- 3. Events must not prejudice horse welfare. This involves paying careful attention to the competition areas, ground surfaces, weather conditions, stabling, site safety and fitness of the horse for onward travel after the event.
- 4. Every effort must be made to ensure that horses receive proper attention after they have competed and that they are treated humanely when their competition careers are over. This covers proper veterinary care, competition injuries, euthanasia and retirement.
- 5. EV, EA & the FEI urge all involved with the sport to attain the highest levels of education in their areas of expertise.

## The Victorian Dressage Young Rider Squad's Athlete Agreement

- Abide by the principles of the FEI Code of Conduct for the Welfare of the Horse at all times
- Respect the rights, dignity and worth of fellow riders, coaches, officials, volunteers, parents and spectators.
- Be fair, considerate and honest in all dealing with others including coaches, parents and officials.
- Do not tolerate acts of aggression or harassment towards people or horses.
- Respect the talent, potential and development of fellow riders and competitors.
- Care for and respect the equipment provided to you as part of your program.
- Always acknowledge and respect sponsors and their involvement in the Squad and our sport.
- Understand the Social Media Policy of the organisation and any ramifications that may arise from breaches
  of that policy. To view the policy in full:
  http://www.equestrian.org.au/sites/default/files/Equestrian%20Australia%20Social%20Media%20Policy.pdf
- Conduct yourself in a professional manner relating to language, temper and punctuality, be courteous, kind and always set a good example in dress and high personal behavior standards.
- Learn and abide by the rules of our sport and respect the decision of the officials making all appeals through the formal process and respecting the final decision. Always operate within the rules, if you or your parents don't understand, ask for help.
- Be honest in your attitude and preparation to training. Work equally hard for yourself and your fellow riders. Be prepared to set goals to help you achieve your aims and ambitions.
- Accept responsibility for your actions.

I agree to abide by the above conditions:

- Show concern and caution towards others who may be sick or injured.
- Be a positive role model and be prepared to make a long term commitment to the Squad and the values that drive it.

Athlete's Signature:	Date:	

# **Victorian Dressage**

# **Young Riders Registration Form for 2015-2016**

(All applicants must complete a Medical Form at the beginning of the year and undertake to notify the Victorian Dressage Young Rider Squad if there are any changes to the information initially submitted)

Name:	Date of Birth://	
Address:		
	Pcode	
Phone: Daytime:	AH	_
Mobile:	Email	_
EV Membership Number	HRCAV Membership Number	
Horse Name:	EV No: (If Applicable):	
Level Competing:	Level Training:	
My current Coach:		
Please give a brief description of your horse & you	training level & competition plans. (if not enough room include extra sheet).	

**COMPETITION RESULTS:** (If no results available please just mention what your circumstances are):

DATE	EVENT	LEVEL	HORSE	RESULTS

#### **CRITERIA:**

## Victorian Youth A & B Squads

Best 4 performances at Novice to FEI Scores 60% or over

Preference is given to results achieved at the following events:

- EA Dressage Club Championships
- State or National Interschool Championships (One Interschool score accepted)
- Freestyle scores not accepted

Development Program (Junior: 10-14 Senior: 15-25) Please include your most recent performances. All applications will be considered.

The committee reserves the right to grant wild cards and/or to alter the size of the Squads.









# Victorian Dressage Young Riders for 2015-2016 Application Form

Name:	me:Date of Birth://				
Address:					
Phone: Doutime:		ALI			
		AH			
		Email			
Horse Name:		EV No: (I	f Applicable):		
Horse level of Train	ing (eg: HRCAV, EV F	Prelim / Nov / Med / Ad	lv / FEI) Please	circle	
YOUNG RIDER DRESSA	GE SQUAD & DEVELOPN	IENT WEEKENDS ARE:			
Date	Venue		Closing date	\$ incl GST	Attending
15 - 16 Aug 2015	Werribee Park NEC	2 day training clinic	3 August	\$110	
19 - 20 Sept 2015	Boneo Park EC	2 day training clinic	7 September	\$110	
12 - 13 March 2016	Werribee Park NEC	2 day training clinic	1 March	\$110	
28 March 2016	Werribee Park NEC	Test protocol day Ride the tests of your choice.	21 March	FREE to Squad	
30 April -1 May 2016	Werribee Park NEC	2 day training clinic	18 April	\$110	
\$110 Inclu Payment in Reminders v Stabling if red Boneo Park	vill be sent out by email to a quired to be booked through EC (www.boneopark.com.a	es per weekend sing date of each weel all Squad members prior to h either Werribee Park NEC	the closing dates of the closi	m.au) or	ekend
enclose cheque/money c card, (details below) for \$	order made payable to Ed	questrian Victoria (ABN 8	0 362 146 367)	or please	debit credi
VISA MASTERCARD	CARD NUMBER				
Expiry Date/	Signature		Name		
Enquiries: Iole Brzozek E	mail: events@equestrianv	ictoria.com.au or BH 9908	3702		





Mail to: Equestrian Victoria, PO Box 616, Werribee Vic 3030





# Victorian Dressage Young Riders for 2015-2016 Medical Form

# **Personal Details:** Name: \_\_\_\_\_\_Date of Birth:\_\_\_\_\_ Address: \_\_\_\_\_ Post Code: Phone: \_\_\_\_\_ Mobile: \_\_\_\_ **Emergency Contact:** Name: \_\_\_\_\_\_\_Relationship: \_\_\_\_\_ \_\_\_\_\_\_Mobile: \_\_\_\_\_ **Health Care Details:** Medicare #\_\_\_\_\_Private Cover Yes No Fund: \_\_\_\_\_ Phone: **Current & Past Medical History:** Please indicate if your have any medical conditions, allergies or disabilities: Any Medication required: To the best of my knowledge, all information contained on this sheet is correct (if under 18 please have parent or legal guardian sign) Signature: \_\_\_\_\_\_Date: \_\_\_\_\_ Photographic / Media Consent Form consent to the use of photographs or video footage for use on our websites, newsletters, promotional purposes and publications as well as for distribution to members. I give this consent voluntarily. Signature of parent Date:

Signature of Rider \_\_\_\_\_\_Date: \_\_\_\_\_

# Victorian Dressage Young Riders for 2015-2016 Committee

Administrator/Enquiries: lole Brzozek 9908 3702

Email: events@equestrianvictoria.com.au

Coaching Co-ordinator: Jan Smith 0417 527 412

Email: jancsmith@bigpond.com

HRCAV Liaison: Greg Pratt

Promotion/Merchandise: David Hivon

Finance: Lisa Kennedy

Sponsorship/Fundraising: Greg Pratt

Communications: Stuart Archibald

Morgan Duell

Dana Krause

Catering/Entertainment: Donna Desmet















