



VICTORIAN DRESSAGE YOUNG RIDER SQUADS & DEVELOPMENT PROGRAM

Welcome to the 2018-2019 Victorian Young Rider Dressage Squads and Development Program's fourth and final training weekend to be held at Werribee Park 1-2 June. A special welcome is extended to new members. Below is some information about how the days will run.

Registration: All riders (or their parents) must register on Saturday morning. Registration sheets will be available in Indoor Arena 1 from 9.30 am on Saturday.

Stabling / Camping: All Squad bookings will be in the Barn. Please contact Werribee Park NEC 03 99747672 or www.wpnec.com.au

Lunches: A simple lunch will be provided each day and tea, coffee and water will be available. Please contact Cathy Bell if you can help out with catering. 0412 375233

Lessons: All riders will receive a riding lesson each day. Our coaches for the weekend are Maree Tomkinson, Dirk Dijkstra, Bianca Veneziano and Jan Smith. Your times are on the timetable. Please also remember that if you don't understand something in a lesson – ASK your instructor about it, hopefully in the lesson, or afterwards. Please also ensure that your helmet is in good order, the correct standard and securely fastened. We will be based in Indoor Arena 1 (3 arenas). If you do have to change your times, please talk to Jan.

Workshops: **Geoff McLean**, photographer extraordinaire and principal of Gone Riding Media will be presenting an important talk about Copyright and Social Media. Geoff will also be roving around the ground on Saturday photographing our Squad activities so if you can wear your Squad uniforms (weather allowing) this will look great in the photos which Geoff will be allowing us to use for promotional material. Squad member **Madison Layfield** could also be filming for a promotional video so keep smiling. **Dr Stuart Brown**, will talk about the Pre Purchase Examination and what it means to you. Stuart is also going to be a Sponsor of the Squad offering a range of services to Squad members. **Jan Smith** will be helping you register to complete the ASADA Level 1 course and also to talk about Equine Anti Doping. If you have a tablet to work on please bring it. Our fitness workshop with **Natalia Evertsz** is on Sunday so don't forget your suitable activewear and yoga mat and if you have managed to purchase them, your resistance bands (see Squad FB page for availability) Remember to tell Natalia if you are not in the habit of exercising before the class.

New members to Squad will need to see Jan as you will complete a simple **Open Rule Book test** to help you find your way around the rules. If there is anyone else that missed this opportunity at the first Squad you can also pick this one up. Parents are also welcome.

All workshops are compulsory for riders to attend. Parents are also encouraged to attend. If you have a problem with the times, please talk to Jan. Please be aware the build for the Melbourne Three Day Event will be going on during the weekend. Take care of workmen and machinery.

Raffle: If you have any raffle books please return them to Jan. We are very behind in ticket sales so have not yet drawn the raffle. We do have some great prizes.

Saturday Evening for those staying. More information coming

Planning meeting for 2019-2020. At this stage will be on Sunday morning. Very important to bring your ideas along.

