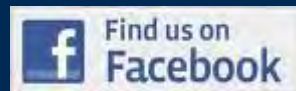




Welcome to the

HYGAIN
**DRESSAGE VICTORIA YOUNG
RIDER SQUADS
&
DEVELOPMENT PROGRAM
2021-2022**



DRESSAGE VICTORIA YOUNG RIDER SQUAD

COME JOIN US



DRESSAGE
VICTORIA



DRESSAGE VICTORIA
YOUNG RIDER
SQUAD



EQUESTRIAN
VICTORIA

2021-2022 Program

Dressage Victoria are very pleased to announce a new naming rights sponsor, **Hygain** and welcome them on board and thank them for their support. We will be working with them to educate our young riders and enhance their knowledge and performance. We will ensure that all Squad & Development Program members will have access to high quality coaching both for riding and supporting off horse programs.

By attending Squad training weekends you will get the opportunity to develop both as a rider and an athlete and will have the chance to attend a range of educational workshops designed to build your knowledge of the sport, rules and welfare issues.

We will continue to offer an attractive Development Program which will be a pathway from Interschool level Participation level dressage to Competitive EA dressage and ultimately FEI level.

We will offer a range of well designed and made Squad merchandise thanks to Adele Plumridge from Raspberry Lemonade.

Photo credits to all parents and riders that have sent in pics and to Madison Layfield for her fantastic YR Squad Promotional video

https://www.youtube.com/watch?v=RbL7t8ATrB8&feature=emb_title

HYGAIN DRESSAGE VICTORIA YOUNG RIDER SQUADS & DEVELOPMENT PROGRAM TRAINING DATES

<i>Date</i>	<i>Venue</i>	<i>Activity</i>	<i>Closing date For applications</i>
28-29 September 2021	Werribee Park NEC	2 day training clinic	21 September
27-28 November 2021	Boneo Park Equestrian Centre	2 day training clinic	19 November
2 January 2022	Werribee Park NEC	Members only Protocol Day	28 December
2-3 April 2022	Werribee Park NEC	2 day training clinic	25 March
4-5 June 2022	Werribee Park NEC	2 day training clinic	27 May



Dressage Victoria Young Rider Squads & Development Program

Key Contacts

Squad Enquiries &
Coaching Coordinator :

Jan Smith 0417 527412 janasmith@bigpond.com



Merchandise:

Adele Plumridge info@raslem.com

Catering: Coordinator

Lauren Braniff 0430 106075

Off Horse Education

Jan Smith / Bianca Veneziano

Sponsorship

Kate Dertell

Technology / Comms

Aengus Wright

Entertainment

Nicci Growcott

Equestrian Victoria Website:
Equestrian Australia Website:
FEI Website:

www.vic.equestrian.org.au
www.equestrian.org.au
www.fei.org



Our Facebook page

<https://www.facebook.com/Victorian-Dressage-Young-Rider-Squads-and-Development-Program-1635341310044420/> has seen amazing traffic and proved a great way to get information out and share ideas. Don't forget to "Like & Follow".

We also have a page on the Equestrian Victoria website

www.vic.equestrian.org.au/dressage/young-rider

Please support our supporters! If you are shopping or looking for information please consider supporting the businesses that have supported us:

- Charlies Fine Foods
- Horse in the Box
- Statene Park
- Riddells Creek Dressage



www.horseinthebox.com.au



Victorian Young Rider Dressage Squads and Development Program 2020- 2021 Review

There is no doubt last year was very challenging. We actually blended our 2019 intake into 2020-21 and kept going as best we could. We lost training days, some at very short notice, but were able to reschedule and membership kept growing during this time. Our merchandise range, thanks to Adele Plumridge from Raspberry Lemonade, was a great hit and is designed to be used during our upcoming year.

Six time Olympian, Mary Hanna, continued to work with our A Squad and was supported by our regular EA accredited coaches, Bianca Veneziano, Gitte Donvig, Karen Blythe, Sue Leslie and Jan Smith

Our regular fitness coach Natalia Everts, has worked hard with our riders to improve their flexibility and balance every training weekend. Some highlights of our Off Horse Education were:

- Biomechanics for Horse and Rider: Dr David Fairclough
- Effective Bandaging: Dr Gus Braniff
- Harness Dressage: Evanne Chesson and Jodie McKeone
- And to prove we also had some fun: The Amazing Race.
- Travel: Local, Interstate and around the World: Mary Hanna
- Equine Podiatry: How diagnostics can help. Wayne Turner
- Know your rules: Open Rule Book test
- And a big YR Squad Thank You to Gus & Lauren Braniff for our amazing lunches.



**2021-22
Merchandise
from Raspberry
Lemonade**



How the Squads & Development Program work:

- ♦ Riders can apply from the commencement of the calendar year in which they turn eight years old on ponies and ten years of age on horses, (as per the EA Rules) and can remain in the squads until the end of the year in which they turn twenty five.
- ♦ Riders must be financial members of Equestrian Victoria
- ♦ Horses in the Development Program do not need to be EV registered.
- ♦ Points for our planned Annual Awards will be gained at training weekends throughout the year.

Victorian High Performance Youth A Squad:

Will consist of a maximum of 12 best performed combinations— Elementary x 2 (incl. FEI Pony) + Medium / Advanced (incl. FEI Junior) x 3 + FEI x 5 + 2 wildcards.

Victorian Youth B Squad:

Will consist of a maximum of 16 best performed combinations (excluding the Victorian Youth A Squad) —Novice / Elementary (incl FEI Pony) x 8 + Medium / Advanced (incl. FEI Junior) 4 + FEI x 4.

Victorian Youth C Squad:

Will consist of a maximum of 10 best performed combinations (excluding the Victorian Youth A & B Squads) Novice & Elementary, higher levels if appropriate.

Development Program:

This will be for riders that may, for whatever reason, not fill the above criteria.

Junior: 8 to 14 years

Senior: 15 to 25 years.

This is to give every rider the chance to work with other riders of similar levels and ages . Ponies will also be catered for within levels / groups if appropriate.

Training Weekend Format:

- ♦ Typically A Squad members will receive 1 private riding lesson each day.
- ♦ Typically B Squad members will receive at least 1 private riding lesson each weekend.
- ♦ Typically C Squad & Development Program groups will receive 1 shared (group of 2) lesson each day with potentially a private lesson depending on availability.
- ♦ All Squads and groups will also work with a qualified personal fitness trainer to maximise their potential as an athlete. A range of other Off Horse workshops / seminars will be offered. Attendance at these workshops / seminars is compulsory unless prior permission is obtained.
- ♦ Innovative entertainment on the Saturday night (ideas welcome) & Social Activities
- ♦ A quality range of Squad merchandise will be available, ordering dates limited and tbc.
- ♦ All riders and parents are expected to enjoy meals together. Lunch provided both days. Saturday night meal may incur a small charge.
- ♦ The YR Squad Committee reserves the right to alter or amend conditions as they see fit and for the benefit of members.



