



Welcome to the

**DRESSAGE VICTORIA YOUNG
RIDER SQUADS
&
DEVELOPMENT PROGRAM
2019-2020**



DRESSAGE VICTORIA YOUNG RIDER SQUAD
COME JOIN US



DRESSAGE
VICTORIA



DRESSAGE VICTORIA
YOUNG RIDER
SQUAD



EQUESTRIAN
VICTORIA

2019-2020 Program

We will ensure that all Squad & Development Program members will have access to high quality coaching both for riding and supporting programs.

By attending Squad training weekends you will get the opportunity to develop both as a rider and an athlete and will have the chance to attend a range of educational workshops designed to build your knowledge of the sport, rules and welfare issues.

We will be running the Victorian Youth Dressage Championships in January 2020 with classes for riders from 8 to 25 years of age. Squad members and parents are an integral part of this event. We will also be offering Participation and Inter School classes.

We will continue to offer an attractive Development Program which will be a pathway from Interschool level Participation level dressage to Competitive EA dressage and ultimately FEI level.

We will offer a range of well designed and made Squad merchandise thanks to Adele Plumridge from Raspberry Lemonade.

Photo credits: thank you to everyone who supplied pics, with special thanks to Kaitlyn McGill & Geoff McLean, Gone Riding Media & to Madison Layfield for her fantastic YR Squad Promotional video

https://www.youtube.com/watch?v=RbL7t8ATrB8&feature=emb_title

DRESSAGE VICTORIA YOUNG RIDER SQUADS & DEVELOPMENT PROGRAM TRAINING WEEKENDS 2019-2020

<i>Date</i>	<i>Venue</i>	<i>Activity</i>	<i>Closing date For applications</i>
<i>23-24 November 2019</i>	<i>Werribee Park NEC</i>	<i>2 day training clinic</i>	<i>20 November</i>
<i>4 January 2020</i>	<i>Werribee Park NEC</i>	<i>Test protocol day Ride the tests of your choice.</i>	<i>Free for Squad members</i>
<i>1-2 February 2020</i>	<i>Werribee Park NEC</i>	<i>2 day training clinic</i>	<i>24 January</i>
<i>28-29 March 2020</i>	<i>Boneo Park EC</i>	<i>2 day training clinic</i>	<i>19 March</i>
<i>30-31 May 2020 * new date *</i>	<i>Werribee Park NEC</i>	<i>2 day training clinic</i>	<i>22 May</i>



Dressage Victoria Young Rider Squads & Development Program

Key Contacts

Squad Enquiries &
Coaching Coordinator :
Equestrian Victoria
Merchandise:

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Adele Plumridge info@raslem.com

Catering:

TBA

Off Horse Education
Technology / Comms
Entertainment

TBA

TBA

TBA

Equestrian Victoria Website: www.vic.equestrian.org.au
Equestrian Australia Website: www.equestrian.org.au
FEI Website: www.fei.org



Victorian Young Rider Dressage Squads and Development Program 2019-2020 Review

2017-2018 again saw great progress for our Squads. We averaged over 45 riders per Squad with over 80 riders registering. We were able to source a range of guest speakers, notably the Victorian Institute of Sport, due to funding we received from the Equestrian Australia High Performance Program.

Quality coaches, including Mary Hanna, Clemens Dierks, Maree Tomkinson, Bjarne Elefsen, Julia Battams, Sue Leslie, Bianca Veneziano, Karen Blythe, Holly Cutler and Jan Smith. Our regular fitness coach Natalia Evertsz, has worked hard with our riders to improve their flexibility and balance every training weekend. Delicious meals were provided by Cathy Bell and her helpers and Adele Plumridge (Raspberry Lemonade) designed a beautiful range of uniforms and merchandise at short notice.

Some of the topics covered “off horse” included:

- Pre Purchase Examinations explained with Dr. Stuart Brown
- Medication Control rules and procedures (Equine)
- ASADA Level 1 Anti-Doping
- Social Media and Copyright—Geoff McLean, Gone Riding Media
- Sponsorship—a rider’s obligations
- Performance Horse Conformation and Temperament with Carolyn Welsh, Ellanbrae Park Stud
- YR Squad Mini Competition in December and Protocol test day in January.
- Open Rule Book Test—Navigating your way through the EA Dressage Rules
- Regular open Forums and Information sessions
- Massage: the benefits for both horse and rider

Squad members competed at major events, including CDIs in Victoria and in other states, with great distinction.

Our Facebook page

(<https://www.facebook.com/Victorian-Dressage-Young-Rider-Squads-and-Development-Program-1635341310044420/>) has seen amazing traffic and proved a great way to get information out and share ideas. Don’t forget to “Like & Follow” and Squad members are sent regular emails to their registered email address.

We also have a page on the Equestrian Victoria website <https://www.vic.equestrian.org.au/content/young-rider-dressage-squads-development-program>

Please support our supporters! If you are shopping or looking for information please consider supporting the businesses that have supported our Young Riders.



How the Squads will work:

- ◆ Riders can apply from the commencement of the calendar year in which they turn eight years old on ponies and ten years of age on horses, (as per the EA Rules) and can remain in the squads until the end of the year in which they turn twenty five.
- ◆ Riders must be financial members of Equestrian Victoria
- ◆ Horses in the Development Program do not need to be EV registered.
- ◆ There are 4 training weekends planned (8 training days) plus a Protocol test riding day.
- ◆ All Squad members will take an active part in the Victorian Youth Dressage Championships in January 2020 at Boneo Park Equestrian Centre.
- ◆ Points for our planned Annual Awards will be gained at training weekends throughout the year.

Victorian Youth A Squad:

Will consist of a maximum of 12 best performed combinations—Novice / Elementary x 3 + Medium / Advanced x 3 + FEI x 4 + 2 wildcards.

Victorian Youth B Squad:

Will consist of a maximum of 16 best performed combinations (excluding the Victorian Youth A Squad) —Novice / Elementary x 8 + Medium / Advances x 4 + FEI x 4.

Victorian Youth C Squad:

Will consist of a maximum of 10 best performed combinations (excluding the Victorian Youth A & B Squads) Novice & Elementary. Squads will be reviewed at the end of January 2018.

Please Note: If possible, Squads will be formed based on registrations received by the first training weekend. Time permitting, a review will be undertaken mid February.

Development Program:

This will be for riders that may, for whatever reason, not fill the above criteria.

Junior: 8 to 14 years

Senior: 15 to 25 years.

This is to give every rider the chance to work with other riders of similar levels and ages. Ponies will also be catered for within levels / groups.

Training Weekend Format:

- ◆ Typically A Squad members will receive 1 private riding lesson each day.
- ◆ Typically B Squad members will receive at least 1 private riding lesson each weekend.
- ◆ Typically C Squad & Development Program groups will receive 1 shared (group of 2) lesson each day with potentially a private lesson depending on availability.
- ◆ All Squads and groups will also work with a qualified personal fitness trainer to maximise their potential as an athlete. A range of other workshops / seminars will be offered. Attendance at these workshops / seminars is compulsory unless prior permission is obtained.
- ◆ Innovative entertainment on the Saturday night (ideas welcome) & Social Activities
- ◆ A quality range of Squad merchandise will be available.
- ◆ All riders and parents are expected to enjoy meals together. Lunch provided both days. Saturday night meal may incur a small charge.



