

Annex A Dressage – Annexes

Note: For Eventing, the bits permitted for the Dressage test have been reformulated to take into account the wide use of snaffles in Eventing (different to the Dressage Rules) as well as defining the action.

Any approved mouthpiece may be combined with any approved cheek piece.

1 Permitted Bits for the Dressage Test

1.1 Action of Bits

- a) Snaffle bits work on the corners, tongue and bars of the mouth depending on their shape and the rein effect produced by the Athlete
- b) Single jointed bits may also work on the roof of the mouth if not fitted and used correctly.
- c) Straight bar snaffles cause more tongue pressure
- d) Double jointed snaffles conform to the shape of the mouth and tongue creating more even pressure
- e) Rounded or moving centrepieces encourage movement of the tongue and salivation
- f) Curved mouthpieces with joints and Mullen mouth bits conform to the shape of the tongue and mouth.
- g) Cheek Pieces
- h) Full cheek, egg butt and D ring snaffles are more stable and also work on the sides of the mouth
- i) Loose ring snaffles have a more moveable mouthpiece to encourage mouthing of the bit and salivation
- j) Hanging cheek snaffles have a slight leverage action and work more on the corners of the mouth and poll

1.2 Material:

- a) Durable enough to be safe
- b) Must keep smooth and solid surface, not to be altered by the chewing of the horse in order to prevent horse from injuries
- c) Not health-damaging
- d) Snaffles: can be made of metal, flexible rubber or synthetic, or plastic or leather material, and may be covered with rubber/latex.
- e) Bridoon and curb: must be made of metal and/or rigid plastic and may be covered with rubber/latex.

1.3 Permitted Snaffles (see diagrams)

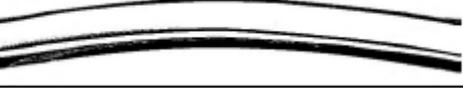
- a) May have one or two joints
- b) May be double-jointed with rounded or rotating mouthpiece allowing for better fit and comfort.
- c) May have a slightly curved port, allowing more room for the tongue. The maximum height is 30mm from the lower part of the side of the tongue to the highest point of the deviation.
- d) A coupling is permitted as the centre link and must be solid with no moveable parts other than a roller.
- e) The centre link must be smooth and rounded
- f) The diameter of the mouthpiece must be a minimum of 14mm for Horses and 10mm for

Ponies at the rings or cheeks.

1.4 Illegal Bits

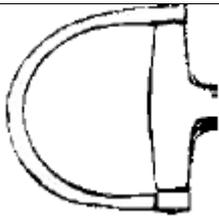
- a) Snaffles with a control plate (i.e Dr Bristol: if put incorrectly the edge of the plate causes excess pressure on tongue).
- b) Any single or double jointed cable bits (may cause pinching of the tongue or cheeks)
- c) Bits which place mechanical restraint on tongue (large immovable centre link causes excessive pressure on tongue)

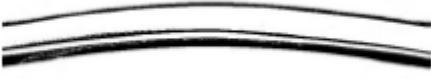
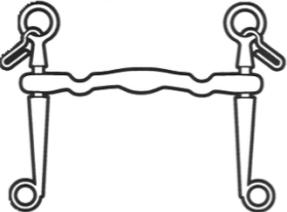
1.5 Permitted Mouthpieces

<p>1. _____ single-jointed</p> 	<p>10.</p> 
<p>2. _____ double-jointed</p> 	<p>11.</p> 
<p>3. shaped _____ single-jointed</p> 	<p>12.</p> 
<p>4. single-jointed with rubber coating</p> 	<p>13.</p> 
<p>5. double jointed with rotating middle-piece</p> 	<p>14.</p> 
<p>6. double jointed with plastic middle piece</p> 	<p>15.</p> 
<p>7. ball jointed</p> 	<p>16.</p> 
<p>8. multiple ball jointed</p> 	<p>17.</p> 

	
<p>9. shaped double jointed</p> 	<p>18.</p> 

1.6 Permitted Cheek pieces:

<p>1. Loose Ring</p> 	<p>7. D-Ring</p> 
<p>2. Egg-Butt</p> 	<p>8. D-Ring</p> 
<p>3. Egg-Butt</p> 	<p>9. Loose ring with sleeves</p> 
<p>4. D-Ring</p> 	<p>10. Snaffle with full cheeks</p> 
<p>5. D-Ring</p> 	<p>11. Snaffle with full cheeks</p> 

	<p>12. Traditional snaffle cheek piece</p> 
<p>6. Hanging-cheek</p> 	<p>13. Hanging-cheek</p> 
<p>7. Permitted Curb Mouthpieces:</p>	<p>8. Permitted Curb Cheekpieces</p>
<p>1.</p> 	<p>1. Straight cheek</p> 
<p>2.</p> 	<p>2. Straight cheek</p> 
<p>3.</p> 	<p>3. S-Shape cheek</p> 
<p>4.</p> 	<p>4. Sliding Cheek Curb</p> 

5. 	
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