



COACHING UPDATE: COACHING ACROSS THE METRO MELBOURNE & REGIONAL BORDER

26 OCTOBER 2020

Important to Note:

THIS ADVICE IS CURRENT AS AT 26 OCTOBER 2020. IN LIGHT OF THE PREMIER'S ANNOUNCEMENTS YESTERDAY REGARDING THE EASING OF RESTRICTIONS FOR MELBOURNE, AND SOME CHANGES FOR REGIONAL VICTORIA, IT IS POSSIBLE THAT FURTHER CHANGES MAY BE MADE.

COACHING GUIDELINES

Professional coaches can cross into regional Victoria or into Metropolitan Melbourne. You must travel directly to where you are coaching and return directly once completed. You must have a [Permitted Worker Permit](#).

Coaching or training people is permitted in limited circumstances. Coaching and training must:

- be for exercise purposes
- be undertaken outdoors. The use of indoor facilities remains prohibited at this time
- adhere to class size caps relevant to personal trainers (maximum of two people, in addition to the personal trainer or coach)
- adhere to face mask and physical distancing restrictions
- not allow for equipment to be shared during the class or coaching session
- be undertaken within 25km of the participant's home or workplace (if they are a permitted worker and carrying a [Permitted Worker Permit](#)). Coaches and trainers may travel more than 25km to work but must have a [Permitted Worker Permit](#) with them while travelling.

Can I coach in Metropolitan Melbourne if I live in Regional Victoria?

- Yes. You must travel directly to where you are coaching and return directly once completed. You must have a [Permitted Worker Permit](#).

Can I coach in Regional Victoria if I live in Metropolitan Melbourne?

- Yes. You must travel directly to where you are coaching and return directly once completed. You must have a [Permitted Worker Permit](#).

Can a student come to my property to receive coaching if I live in Regional Victoria and they live in Metropolitan Melbourne?

- No. A student cannot come to your property you must travel to them. You must have a [Permitted Worker Permit](#).

Can a student come to my property to receive coaching if they live in Regional Victoria and I live in Metropolitan Melbourne?

- No. A student cannot come to your property you must travel to them. You must have a [Permitted Worker Permit](#).

PERMITTED WORKER PERMIT

Sole traders

Equestrian Victoria is not the employer of coaches.

If you are a sole trader then **you** must issue a worker permit and sign the worker permit. For the purposes of the worker permit **you are considered both the employer and employee**. You should complete the employee and employer details.

Further information regarding Permitted Worker Permits can be found on the [DHHS Website](#).

