



# **Equestrian Victoria**

## **COVID-19**

### **Return to Play Plan**

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## Introduction

Equestrian Victoria (EV) is the peak body for horse sports in Victoria and is the state body of Equestrian Australia (EA), which is the controlling body for horse sports in Australia and is affiliated with the Federation Equestre Internationale (FEI), the controlling body for horse sports worldwide. EV also maintains affiliations with relevant Government and Non-Government agencies at the State level, such as the Sport & Recreation Victoria and VicSport.

Equestrian Victoria is a non-profit organisation incorporated under the Associations Incorporations Act of Victoria. It comprises of individual members, affiliated clubs, life members, coaches and officials. Equestrian Victoria embraces the horse sports of:

- Dressage (Olympic Discipline)
- Eventing (Olympic Discipline)
- Jumping (Olympic Discipline)
- Para Equestrian (Olympic Discipline)
- Driving (FEI Discipline)
- Vaulting (FEI Discipline)
- Endurance (FEI Discipline)
- Reining (FEI Discipline)
- Show Horse (National Discipline)
- Interschool (National Discipline)

### **The primary objectives of Equestrian Victoria in accordance with its Constitution is to:**

- Encourage, develop, promote and control horse sports throughout the State of Victoria
- Establish and maintain, throughout Victoria, a uniform code of rules and regulations to govern horse sports under its jurisdiction
- Provide services and support to members, clubs, coaches, judges and administrators, which is second to none
- Encourage community health, welfare, physical education and research through horse sports
- Regulate, supervise, coordinate and promote Horse Sports activities, programs, competitions and events
- Facilitate cooperation between members of the Association and external organisations, bodies and individuals
- Promote membership of the Association and foster the interests of its members
- Affiliate with organisations and any other bodies to further the purposes of the Association
- Provide a means by which Clubs in Victoria can become affiliated to further these purposes

Membership across Victoria exceeds 200 Affiliated Clubs, and 5000 registered athletes, coaches and officials. The Association provides a broad range of services and benefits to its membership and has a major focus on servicing member clubs, to ensure they are well equipped to professionally deliver quality horse sport programs to the community.

### EQUESTRIAN VICTORIA VALUES

- Professionalism – consistently high standards
- Integrity – ethical, responsible and accountable
- Transparency – open and honest communication
- Collaboration – partnerships and common goals

## Impact of COVID-19 of Equestrian Victoria

On 16 March 2020 the Victorian State Government declared a State of Emergency due to the COVID-19 pandemic. As a result, EV immediately suspended all equestrian activity.

Since that time EV's priority has been the health and safety of our community to ensure that our membership did not expose itself to undue or unnecessary risk and to play its part in slowing the spread of the virus. A comprehensive list of member communications and support information can be found [here](#)

Equestrian Victoria continues to collaborate with our colleagues at Pony Club Victoria (PCV) and the Horse Riders Clubs Association of Victoria (HRCV), the RSPCA and Australian Horse Industry Council (AHIC) in order to keep the broader industry informed all the while cognisant that a return to equestrian activity will be subject to the provisions of the Victorian State Government. We have also unlocked a previously untapped market in representing the needs of Agistment Centres.

It is important to note that all parties including public and private facilities, clubs and coaches are required to comply with all the current public health advice from the Victorian Government, available [here](#)

## Characteristics of Equestrian Victoria Activity


- It is a non-contact sport
- It is predominantly conducted outdoors
- The majority of competitions and training do not involve large numbers of spectators
- Does require travel given the geographically diverse location of competitors across the state but does not require interstate travel to reintroduce the sport back into Victoria.
- Does not involve the sharing of equipment.

- Equestrian events are held at specific equestrian venues. These tend to be outside and spacious, making it relatively straightforward to comply with health regulations.
- Identification of individuals can be undertaken before, during and after an activity, making contact tracing prompt.
- Social distancing, to a certain extent, is natural. Horses need space and riders are naturally distanced via their horse. Further measures, as outlined in this document will be implemented.


The reintroduction of equestrian sport is important for the welfare of both horse and rider in terms of their physical and mental wellbeing.

## Return to Riding Roadmap

# STEPS TO A COVID SAFE RETURN




PLEASE DOWNLOAD THE COVID SAFE APP




### RETURN TO RIDING


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Stay home when sick




Avoid close contact with others - keep at least 1.5m apart




Avoid touching your face



Wash your hands regularly for 20 seconds or use hand sanitiser



Cover your mouth when coughing or sneezing



Wipe high-touch surfaces often

<h3 style="margin: 0;">STAGE 1</h3> <p style="font-size: 8px; margin: 0;">SMALL GROUP TRAINING</p>	<ul style="list-style-type: none"> <li>- Develop Safety Plan</li> <li>- Outdoor Only</li> <li>- 10 People at any one time</li> <li>- No Competition</li> </ul>	<ul style="list-style-type: none"> <li>- Strict Hygiene Protocols</li> <li>- Clubrooms and Canteens Closed</li> <li>- 1.5m and 4sqm Social Distancing</li> <li>- Adhere to EV Guidelines</li> </ul>
<h3 style="margin: 0;">STAGE 2</h3> <p style="font-size: 8px; margin: 0;">LARGER GROUP TRAINING</p>	<ul style="list-style-type: none"> <li>- Review Safety Plan</li> <li>- Outdoor Only</li> <li>- 20 People at any one time</li> <li>- No Competition</li> </ul> <p style="text-align: center; font-weight: bold; font-size: 8px; margin: 5px 0;">FROM 22 JUNE 2020</p>	<ul style="list-style-type: none"> <li>- Strict Hygiene Protocols</li> <li>- Clubrooms and Canteens Remain Closed</li> <li>- 1.5m and 4sqm Social Distancing</li> <li>- Adhere to EV Guidelines</li> <li>- Indoors Permitted</li> <li>- 20 People Maximum</li> <li>- Groups of 10 Maximum</li> </ul>
<h3 style="margin: 0;">STAGE 3</h3> <p style="font-size: 8px; margin: 0;">FULL TRAINING AND COMPETITION</p>	<ul style="list-style-type: none"> <li>- Review Safety Plan</li> <li>- Strict Hygiene Protocols</li> </ul> <p style="text-align: center; font-weight: bold; font-size: 8px; margin: 5px 0;">SUBJECT TO GOVERNMENT APPROVAL</p>	<ul style="list-style-type: none"> <li>- 1.5 and 4sqm Social Distancing</li> <li>- Adhere to EV Guidelines</li> <li>- Training and Competition Numbers</li> <li>- Larger Gatherings</li> <li>- Clubrooms and Canteens for Larger Gatherings</li> </ul>

## Government Leadership

The National Cabinet approved the AIS Framework for Rebooting Sport in a COVID-19 Environment and the National Principles for the Resumption of Sport and Recreation Activities on Friday 1<sup>st</sup> May 2020. On Monday 11<sup>th</sup> May 2020, Victoria's Premier, Daniel Andrews, announced the easing of restrictions beginning with conservative socialising measures. Further easing of restrictions were announced that increased social gathering numbers outdoors effective 1 June 2020 and extended indoors on 22 June. Monitoring of these eased restrictions will occur and further announcements will occur based on progress.

### Victoria Stage One

#### From 13<sup>th</sup> May 2020

- Participants can gather outdoors in groups of no more than 10 (or people from the same household), plus a coach or the minimum number of support staff reasonably required to manage the activity
- Parents or other people are required to keep a reasonable distance or will be included in the group of 10.
- No indoor activity – indoor recreation facilities must remain closed
- Maintain physical distancing of 1.5 metres wherever reasonably possible
- All activity and training must be non-contact, and no competitions are to take place. Contact sports must be modified so that you can maintain 1.5m distance
- No outdoor or indoor swimming pools
- No use of communal facilities, except for toilets
- No shared equipment that touches the head or face or cannot be effectively cleaned i.e. helmets, soft materials or clothing.
- Hand hygiene, frequent environmental cleaning and disinfection, use of your own equipment where possible and minimising the sharing of equipment also remains important.

#### What does Stage One mean for Equestrian Victoria?

- Maximum of 10 riders plus coach and helpers to a group
- Non riding personnel to be kept to a minimum
- Subject to venue size and layout, more than one group of 10 may be present.
- Groups must be physically separated on different parts of the grounds, including separate yards and parking areas
- When multiple groups are at the venue they must not intermingle.
- Name, phone number and time at facility must be recorded for every person on site
- Administration and sign on must be organised to avoid gathering.
- Ensure social distancing and hygiene is strictly observed, including hygiene around portable equipment.
- Club / venue facilities i.e. club rooms and other communal areas to remain closed.
- Yards may be used if it is possible to maintain social distancing.
- Toilets may be used.
- Get in – train – get out policy - avoid gatherings.
- No overnight stays
- Participants to bring their own food and drink.
- Schedule riding times to limit numbers at venue.
- No spectators, family or friends permitted on site. Only 1 parent/caregiver permitted per rider.
- Clubs which allow member use of locked/community grounds for training must put in place a booking system to limit numbers at the grounds at any one time. Rules in line with the requirements for rallies and group training must be applied.
- Agistment Centres must put in place a booking system to ensure social distancing and to limit numbers at the centres at any one time.
- The COVIDSafe app should be downloaded and active on all phones

## Victoria Stage Two

From 1st June 2020

- Up to 20 people can participate in group sport and exercise activities but it must be outside and non-contact.
- Up to 20 people can use public playgrounds, outdoor gyms and skateparks
- Sport and exercise activities are only allowed if you can keep your distance (at least 1.5 metres apart) and they are not competitive
- Indoor and outdoor swimming pools can be opened to a maximum of 20 patrons per separate enclosed space,

### What does Stage Two mean for Equestrian Victoria?

- Riders should check with venue as owners/managers who may have venue specific restrictions. Clubs should check with grounds owners to ensure activity can commence and any local conditions that apply.
- Social distancing (1.5m) and good hygiene MUST be maintained
- These allowances are for outdoor areas only – no gatherings for recreational activities indoors are permitted
- Groups can be no larger than 20 (plus the coaches and helpers required to run the activity). More than one group of 20 can be present on a venue at the same time, if the different groups are physically well separated on different parts of the venue. No other facilities except toilet facilities may be used.
- 1 parent/caregiver to attend per rider.
- Toilets can be used. Hygiene must be maintained, and soap or sanitizer provided.
- Club rooms, canteens and other spaces must remain closed.
- No shared equipment that touches the head or face or cannot be effectively cleaned i.e. soft materials or clothing.
- The COVIDsafe app should be downloaded and active.
- Name, mobile phone and time at the venue must be recorded for every person present.
- Person displaying any sign of sickness must not attend

### From 22 June

- Indoor sports centres and venues can be opened with up to 20 people allowed per separate enclosed space, subject to the 4 sqm rule, with up to 10 people per group or activity
- Indoor physical recreation (e.g. gyms, health clubs, class fitness studios) can be opened with up to 20 people allowed per separate enclosed space, subject to the 4 sqm rule, with up to 10 people per group or activity
- Sport and exercise activities are only allowed if you can keep your distance (at least 1.5 metres apart) and they are not competitive
- All indoor venues will need to abide by existing physical distancing requirements of one person per four square metres

### What does this mean for Equestrian Victoria?

- In addition to the existing conditions outlined above for outdoor activity, from Monday 22 June up to 20 people can gather and train indoors per separate enclosed space. This includes indoor equestrian centres and club / venue facilities.
- Club, and Discipline Squad training days / HP Clinics etc can occur with limited numbers
- 10 people maximum per group/activity indoors
- 4 square metres per person and 1.5 metres apart at all times.
- Canteens, and other club / facility amenities remain closed
- Toilets can be opened provided hygiene is maintained



- This means in any one indoor space there can only be 20 people maximum, and only in groups of a maximum of 10. This includes trainers, parents and helpers.

## Victoria Stage Three

### Date to be advised (subject to advice from DHHS)

A future return to full sporting activity (indoors and outdoors) may be considered, based on advice from Department of Health and Human Services.

### What does Stage Three mean for Equestrian Victoria?

(Note: details to be confirmed by DHHS)

- Club, and Discipline Squad training days / HP Clinics etc can occur with limited numbers
- Face to face training can occur for all officials, coaches, and volunteers.
- The competition season can start with limited numbers.
- Social distancing rules to apply
- Covid safe hygiene to continue
- All Equestrian Victoria guidelines to be followed

## Guidelines for a Return to Training

In line with the advice from Government, Equestrian Victoria is implementing training from 13<sup>th</sup> May 2020).

### “GET IN, TRAIN AND GET OUT”

Training sessions should follow the ‘get in, train and get out’ mentality, whereby riders/officials arrive prepared and move into the activity relatively quickly (allowing for warm up for horses), and once training and cool down is complete, attendees leave quickly.

### Club / Discipline / Squad Responsibilities

To recommence training activities, each club / discipline (including squads) should develop a COVID-19 SAFETY PLAN that outlines the measures that will be taken in the training environment to support a safe return to Stage One training activities and adheres to the EV Guidelines in this document.

***Clubs may use the “Safety Plan Checklist” in Appendix A of these guidelines as their safety plan. This will confirm they are adhering to the EV Guidelines***

It is strongly recommended that each club / discipline or squad appoint a COVID Safe co-ordinator to ensure the club COVID Safe Plan is in place and adhered to.

In addition, clubs / disciplines / squads must:

- Check with the landowner, venue management and/or local government on any local restrictions.
- Ensure 1.5m social distancing is being followed and density requirements of 1 person per 4m<sup>2</sup>.
- Ensure surfaces and objects are regularly cleaned with soap and water. This includes door handles, light switches, kitchen surfaces, bathroom surface, phones, remote controls and any other high touch areas.
- Provide hand washing guidance to all participants and volunteers.
- Promote regular and thorough hand washing by volunteers and participants.
- Provide sanitising hand dispensers in prominent places around the venue entry and exit points.
- Ensure sanitising hand rub and soap dispensers are regularly refilled.
- Ensure bins are provided around the venue for disposal of tissues and gloves.
- Not open canteen facilities and must not allow gatherings for meals.
- Ensure adequate signage and notification of relevant hygiene and distancing protocols are displayed.
- Maintain a register of all attendees to training sessions – name mobile and time.
- Follow the ‘get in, train and get out’ mentality, whereby riders/coaches/officials arrive prepared and move into the activity relatively quickly (allowing for warm up for horses), and once training and cool down is complete, attendees leave quickly. No social activity is to occur during the training period or once training has concluded.
- Insist that anyone displaying symptoms such as cough, cold, temperature or shortness of breath NOT to attend the training.
- Ensure that anyone not complying with COVID-19 SAFETY PLAN is asked to leave the grounds and return home. Persons not complying may be subject to further discipline action at the discretion of the club committee.
- It is highly recommended that the club COVID-19 SAFETY PLAN be checked by local police, as local police will determine if any activity meets government requirements or not. This exercise may avoid argument should police have cause to visit a club venue.

### Structure of Training Sessions

- Training groups of no larger than 20 from June 1 - excluding coaches.
- Coaches per group must be limited to the number strictly necessary to complete the training.
- Group areas to be segregated with at least 50 metres distance to avoid overlap. No intermingling between groups of either participants, parents/caregivers or coaches.

- Only essential people are to attend training sessions i.e. riders, coaches, and volunteers involved in operations and one parent/carer of participants.
- Clubs / Disciplines / Squads should stagger the start time of training sessions to ensure gathering limits are not exceeded. It is recommended sessions are scheduled at least **one hour** apart. Riders should be given 30 minutes to prepare and 30 minutes to pack up. This will allow riders from one group to pack up and leave the venue prior to the riders from the next group arriving.
- Maintain a register of all attendees at the session, including contact phone number and time.
- No cash to be exchanged for coach payments / squad attendance fees.

### Equipment and Parking

- No camping or overnight stays permitted.
- Consideration should be given to parking vehicles and horse floats with sufficient space left between each vehicle to facilitate social distancing. Groups should be allocated their own parking area and groups must park in this area.
- Horses should be tied to and prepared at floats, where possible.
- Yards are not to be used, where possible. If yards are used, there should be a vacant yard between each horse
- One person should be designated to open/close gates, or disposable gloves and sanitiser provided at the gate/s. Arena gates should be opened/closed by the instructor or designated parent wearing disposable gloves.
- Use of equipment to be limited and cleaned/sanitised appropriately after each session.
- Bunt off high contamination risk areas such as seating, yards, stables, canteen and other areas attractive to people congregating.
- The first rider of each group to use wash bay should hose off each horse in either group (wearing disposable gloves) or alternatively riders should use their own water, bucket and sponge to rinse horses at their floats.
- Water for horses – Riders and parents should provide their own bucket (and water if possible) where this is not possible, helpers and riders shouldn't touch the tap or hose nozzle, the use of disposable gloves is recommended.

### COVIDSafe App

Equestrian Victoria supports the Australian Government's COVIDSafe app and we strongly encourage all members of the equestrian club community to download the app.

For more information including where to download the app please visit:

<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>

**Notify DHHS of a COVID-19 incident by phoning 1800 675 398**

It is recommended that clubs / Disciplines / Squads communicate the following information to participants and coaches **electronically** and **prior** to the training occurring.

### Payment and Registration

Pre-registration (and payment) is compulsory, no registrations on the day and no cash payments.

Confirmed numbers are required to properly plan out the day and pre-advise participants where and when they will be training.

All payments must be made electronically, no cash can be accepted. EV strongly recommend using **Nominate** as the ideal payment portal as it provides a good mechanism to take payment, download a spreadsheet of participants, instant email to participants.

Participant Communication	Coach Communication
<p>Prior to the recommencement of training, Clubs / Disciplines / squads to provide electronic communication to all participants, coaches, volunteers, caregivers that includes:</p> <ul style="list-style-type: none"> <li>Hygiene practices that have been implemented, including hygiene procedures around the venue and equipment.</li> <li>Hygiene expectations of all participants.</li> <li>What to do if you are feeling unwell or have been into contact with people who are sick.</li> <li>Opt-out options for individuals who may not yet feel comfortable returning to training, and alternative training options available.</li> <li>Measures being taken to limit physical contact of riders (i.e. social distancing guidelines).</li> <li>Restrictions that are in place on venue facilities i.e. club rooms, changerooms, toilets, canteens etc.</li> <li>Restrictions on people attending the training venue – i.e. no spectators, only one caregiver, etc.</li> <li>Provide educational links on limiting the spread of germs, handwashing and appropriate cleaning.</li> </ul>	<p>Clubs / Disciplines / Squads should electronically communicate to all coaches the required expectations as leaders within the training environment, including:</p> <ul style="list-style-type: none"> <li>Importance of the required hygiene protocols and practices.</li> <li>Limiting crossover of training groups.</li> <li>Toilets may be opened.</li> <li>non-contact training only.</li> <li>provide a guide to acceptable training exercises.</li> <li>Requirement for riders to 'get in / get out'.</li> </ul>

### Rider/Caregiver Responsibilities

When participating in training sessions, the following conditions are to be adhered to:

- Participants should not attend training if in the past 14 days they have:
  - Been unwell or had any flu-like symptoms.
  - Been in contact with a known or suspected case of COVID-19.
  - Been overseas in the past 14 days, or been in contact with a person that has travelled overseas in the past 14 days.
  - Had any respiratory symptoms (even if mild)
- Riders must not arrive more than 30 minutes prior to training commencing and must not stay longer than 30 minutes after the training finishes.
- Riders are to come dressed and prepared to ride – changerooms will not be in use.
- Riders are to bring their own drink bottles and they are to be clearly labelled. No sharing of drink bottles is to be permitted.
- Only one parent/caregiver is to take their child to training where possible. Parents/caregivers must maintain social distancing of 1.5 metres from each other as well as from the riders and coach.
- Riders, and parents/caregivers MUST ALL maintain social distancing of 1.5 metres from each other.
- No spectators permitted.
- Riders are to leave the venue immediately once their training session has concluded.
- It is strongly advised that caregivers over the age of 65 be discouraged from attending.

### Hygiene and Return to Training

#### Hygiene Protocols for Return to Training

- Alcohol based hand sanitisers must be available for all training sessions, with riders and officials encouraged to use prior, during and following training.
- There is strictly to be no sharing of water bottles or food or other personal equipment.
- Riders (or their support person) must prepare their own horse and bring their own tack.
- No sharing of tack or touching another rider's tack.

- No spitting or clearing nasal passages at training.
- Avoid physical contact such as handshakes.
- Changerooms, club rooms and wet areas are not to be utilised for training. Riders must arrive at venue in riding gear and no showering at the venue.
- Provided equipment is to be cleaned/sanitised appropriately after each training session.
- Extra, and regular cleaning and sanitising of toilets.
- If you, or people you have been in contact with are sick, please DO NOT attend training and advise the event Safety Officer or training administrator.
- Medical teams must ensure strict hygiene, sanitising equipment and surfaces following each attendance. Medical teams must remain at their post and not mingle unless called to a response. At a response only the personal necessary are to be present.

### General Hygiene Practices for Return to Training

- Wash your hands often with soap and water for at least 20 seconds - if soap and water are not available, use an alcohol-based hand sanitiser.
- Avoid touching your eyes, nose and mouth.
- Avoid close contact with people who are sick.
- Stay home and seek medical treatment when you are sick.
- Cover your mouth with a tissue or your elbow (not your hand) to cough or sneeze.
- Any member or volunteer that has underlying health conditions or is considered a vulnerable person should consult with a healthcare professional prior to returning to the training environment.

**CLUBS / DISCIPLINES / SQUADS MUST ENSURE THAT THESE HYGIENE PROTOCOLS ARE IN PLACE FOR ALL TRAINING SESSIONS.**

**IF THESE PROTOCOLS CAN'T BE ACHIEVED TRAINING SHOULD NOT PROCEED.**

## Review of Guidelines

Equestrian Victoria intend to review this plan prior to the commencement of Stage Three restrictions when they are announced by the State Government.

## Return to Competition

Equestrian Victoria will be guided by advice from Government and DHHS when determining the return to competition timeframe. Moving to competition will require further planning and co-ordination. Equestrian Victoria will communicate with the membership, including Disciplines, event directors, coaches and officials as soon as possible on the strategies, requirements, and timelines for the return to competition.

## We all play an Important Role

The Equestrian Victoria membership plays an important role in:

- Reducing the spread of COVID-19.
- Promoting good hygiene practices amongst riders and officials.
- Adhering and promoting the State Government requirements around social distancing and gatherings.
- Following the clear protocols and requirements around Return to Training and Competition.

It is important that the membership, clubs, participants, coaches, officials and administrators are respectful in adhering to the protocols outlined as part of this Staged Return to Training Guideline document, as they form part of the current Government directions. If we all play our part in adhering to the protocols, it will mean that Equestrian Victoria has played its part in positive community health outcomes and at the same time improve the opportunity for a timely return to full competition.

**If you have any queries, please contact**

**Equestrian Victoria [admin@equestrianvictoria.com.au](mailto:admin@equestrianvictoria.com.au)**

**Thank you for your support.**

## APPENDIX A – SAFETY PLAN CLUB CHECKLIST

### CHECKLIST FOR RETURN TO EQUESTRIAN TRAINING

This checklist has been established to support the Equestrian Victoria membership return to training under the current State Government COVID-19 restrictions. Equestrian Victoria and its members, clubs, disciplines, coaches, officials, event directors and volunteers all have an obligation to strictly adhere to these protocols at every training session. The key principle for training must be **'Get in, Train, Get out'**.

<input type="checkbox"/>	<b>COVID-19 SAFETY PLAN</b> The club/discipline/squad must have a COVID-19 Safety Plan prior to commencing training activities. This must adhere to the <b>"Guidelines for a Return to Training"</b> . <b>This checklist can be your club safety plan if you meet all the requirements below.</b>
<input type="checkbox"/>	<b>COVID Safe CO-ORDINATOR APPOINTED</b> The club/discipline/squad has appointed a person to ensure the Safety Plan is in place and adhered to.
<input type="checkbox"/>	<b>CLUB UNDERSTAND THE RETURN TO TRAINING GUIDELINES</b> The club/discipline/squads have read, understood and agree to adhere to the "Guidelines for a Return to Training" document provided by Equestrian Victoria. The club and training groups understand that they must follow the direction and advice of Police, Government and Equestrian Victoria at all times.
<input type="checkbox"/>	<b>SMALL TRAINING GROUPS OF NO MORE THAN 20 (excluding coach)</b> The club/discipline/squad must ensure there are no more than 20 people in total in a training group (excluding the coach and necessary helpers). Carers should stay away from the training group else they are included in the 20 participants. Carers must also practice social distancing.
<input type="checkbox"/>	<b>STRICTLY NO CONTACT</b> The club/discipline/squad has advised participants, coaches, caregivers that training must be strictly NON-CONTACT.
<input type="checkbox"/>	<b>SOCIAL DISTANCING</b> The club/discipline/squad has advised its participants, coaches, volunteers, spectators and caregivers that all training and congregating must strictly observe social distancing requirements of 1.5m and adhere to the requirement of no more than 1 participant per 4sqm <b>AT ALL TIMES</b> , including when preparing horses.
<input type="checkbox"/>	<b>TOILETS MAY BE OPEN</b> Regular cleaning to occur, soap or sanitiser to be available, paper towels only – no hand towels
<input type="checkbox"/>	<b>HYGIENE PROTOCOLS ARE IN PLACE</b> The club/discipline/squad has implemented the hygiene protocols as outlined in the "Guidelines for a Return to Training" document.
<input type="checkbox"/>	<b>PERSONAL HEALTH</b> The club/discipline/squad has advised participants, caregivers, coaches, volunteers and any one on site that if unwell, been in contact with someone unwell, travelled overseas in the past 14 days, or been in contact with someone who has they must not attend or they must go home immediately. All attendees must be recommended to download and activate the COVIDSafe app.
<input type="checkbox"/>	<b>NO ACCESS TO CLUBROOMS, CHANGEROOMS OR ANY OTHER AMENITIES</b> The club/discipline/squad is aware that all club rooms, changerooms and amenities are NOT to be used as part of the return to training. Except for in the event of a medical emergency.

<input type="checkbox"/>	<b>MINIMAL EQUIPMENT</b> The club/discipline/squad is aware that minimal equipment should be used for small group training and must be cleaned/sanitised appropriately after each session.
<input type="checkbox"/>	<b>REGISTER OF PARTICIPANTS</b> The club/discipline/squad has implemented a register to keep a track of all attendees (including parents / carers) and this is to be made available upon request by Equestrian Victoria or health authorities.
<input type="checkbox"/>	<b>PARKING</b> The club/discipline/squad has given consideration to parking of vehicles and horse floats to ensure 1.5m social distancing, in particular when preparing horses.
<input type="checkbox"/>	<b>YARDS</b> Where practical, horses should be tied to and tacked up at floats rather than using yards. Participants must practice 1.5m social distancing when preparing horses.
<input type="checkbox"/>	<b>PERMISSION FROM LANDOWNER/POLICE</b> The club/discipline/squad has received approval from Landowner/Local Government to access the venue for training. It is highly recommended that the COVID-19 SAFETY PLAN is approved by local police.
<input type="checkbox"/>	<b>COVIDSafe APP</b> The club/discipline/squad has encouraged all members, volunteers and families to download the COVIDSafe app to help in tracing the spread of COVID-19.
<input type="checkbox"/>	<b>SIGNAGE and EDUCATION</b> The club/discipline/squad has placed signage (such as handwashing, social distancing) in prominent locations at the training venue and provided members with educational information regarding hygiene & cleaning.
<input type="checkbox"/>	<b>MEDICAL</b> Is located such that medical personal are separate from groups and public. Sanitising and surface cleaning in place following each patient visit.

***If you have any queries, please contact Equestrian Victoria via email at:***

**[admin@equestrianvictoria.com.au](mailto:admin@equestrianvictoria.com.au)**





## APPENDIX C - RESOURCES

### Equestrian Victoria Communications

- [LIST OF ALL EQUESTRIAN VICTORIA COVID-19 MEMBER COMMUNICATIONS](#)
- [Frequently Asked Questions](#) - updated 21 April
- [Equestrian FAQ Posters](#) - 2.4mb PDF
- [Return to Covid Safe Equestrian Activities Infographics](#)
- [Reining our Resilience](#)

### Victorian Government

- [Coronavirus website](#)
- [Stage 3 Restrictions](#) - update as at midnight 13 April 2020 with State of Emergency extended to midnight 11 May 2020
- [Physical distancing and other transmission reduction measures - coronavirus \(COVID-19\)](#)
- ['Stay at Home' directive](#)
- [VicHealth Coronavirus Resources](#)

### Australian Government

- [Coronavirus website](#)
- [WhatsApp Channel](#)
- [Social Distancing Requirements](#)
- [Gow-Gates Insurance](#)

### Posters and other resources

- [Aust Government COVID-19 FAQs](#)
- [Aust Government COVID-19 Resources for Australians](#)
- [AIS COVID-19 and Sporting Activity](#)

- [HYGIENE - for Agistment Centres and Members: Cleaning and disinfecting to reduce COVID-19 transmission](#)
- [Australian Equestrian Team - Snapshot of the Current Stimulus Packages available in Australia](#)
- Government JobKeeper Initiative:  
[https://www.ato.gov.au/general/gen/JobKeeper-payment/?=redirected JobKeeper](https://www.ato.gov.au/general/gen/JobKeeper-payment/?=redirected)
- Wage Subsidy:  
<https://www.savings.com.au/term-deposits/morrison-government-unveils-details-of-wage-subsidy>
- Australian Government Helpline for Businesses Contact Centre:  
[www.business.gov.au](http://www.business.gov.au) or 13 28 46

## Looking after your mental health

- [Reining Our Resilience - Equestrian Victoria and Christopher Shen](#)
- <https://headtohealth.gov.au/covid-19-support/covid-19>
- <https://www.beyondblue.org.au/the-facts/looking-after-your-mental-health-during-the-coronavirus-outbreak>
- <https://www.lifeline.org.au/get-help/topics/mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

## Online scheduling / rostering online resources

- <https://www.picktime.com/>
- <https://www.acuityscheduling.com/>
- <https://www.vcita.com/>
- <https://www.shedul.com/>