

MEDICATION CONTROL

Prepared by Jan Smith

Equestrian Victoria Branch Medication Control Officer September 2022

MEDICATION CONTROL OVERVIEW

What do you know about Medication Control?

Equestrian Australia is committed to the international Code of Conduct for the Welfare of the Horse and also to maintaining a level playing field so everyone competes on their merits under the same conditions.

So, anyone that competes in any EA discipline may have their horse tested, at any time. Horses can be tested any time from the start of competition until 30 minutes after the final results are posted, AND, may be tested more than once during the same competition.

Methods of selection for testing can be:

- Random
- Obligatory
- Targeted

For example:

- Horses may be chosen specifically because their behaviour raises suspicion. In other words, the horse may appear drugged or under the effect of medication (this will be deemed a Ground Jury "targeted test");
- Horses may be chosen at random from all competitors entered or chosen at random from a group of winners or place getters (this will be deemed a "random selection");
- Horses may be chosen because they are winners or place getters (this will be deemed "obligatory")
- Horses may be chosen because they have been withdrawn or scratched (this will be deemed a Ground Jury "targeted test")
- Horses may be chosen because of poor performance (this will be deemed a Ground Jury "targeted test"); and/or
- Horses may be chosen at a judge's request (this will be deemed a Ground Jury "targeted test")

Under the Equestrian Australia Medication Control Policy there are certain events at which it is mandatory to test, these are:

- All National Championships or equivalent (for at least one horse or three percent of the horses taking part, whichever is the greater)
- All State Championships or equivalent (for at least one horse or three percent of the horses taking part, whichever is the greater)
- Upon any horse that dies/ has to be euthanised at an EA Competition
- For all classes with prize money totalling more than \$2,000 or with a first prize of \$1,000 or more (for at least one horse or three percent of horses taking part, whichever is the greater)

Testing at other events is highly recommended and can take place at any time.

Remember, at all times the welfare of the horse is paramount and your horse should be your number one concern. Horses should not compete if they are unwell or injured. If your horse requires treatment this should be given, even if it means you will not be able to compete for a period of time.

The International Equestrian Federation (FEI) to which EA is affiliated has a very comprehensive list of substances that are tested for and is divided into two sections.

Controlled Medication: Deemed to have legitimate therapeutic value and commonly used in equine medicine but must not be detectable at the time of competition.

Banned Substances: Deemed to have no legitimate use in competition horses (at any time).

All information about these substances can be found at the link below, or via the FEI Clean Sport App.

prohibitedsubstancesdatabase.feicleansport.org/

ANYONE WHO COMPETES AT EA / FEI LEVEL SHOULD CHECK THE DATABASE BEFORE TREATING THEIR HORSE.

THINK BEFORE YOU USE, AND IF ANY DOUBT, DON'T GIVE IT TO YOUR HORSE

www.equestrian.org.au/content/clean-sport-horses

Who can test?

EA trains accredited MCP stewards who will undertake the process at events, assisted by a Vet (who collects the blood).

Procedures and paperwork to be completed are very clear and a summary of what takes place can be found here:

www.equestrian.org.au/sites/default/files/EA%20MCP%20Rider%20Handout%20Current%202017 0.pdf

If you are approached at an event, please remember that you not only have an obligation to follow the rules, you also have clear protections under those rules. The process of testing is strictly regulated, and you will be guided through it by the accredited steward.

We are working at maintaining a level playing field for everyone who competes as well as adhering to the Code of Conduct for the Welfare of the Horse which is what underpins equestrian sport.

What can I do to prepare if my horse is selected for testing?

Firstly, and well before the event, remember to check all medications that may be administered either by your vet or yourself and that includes topical and herbal medication.

Remember that the officials carrying out the testing are entitled to respect and treat them with courtesy. They are only doing their job and maintaining the credibility of our sport.

Make sure that you have your horse's EA registration papers, or FEI Passport with you at the event. This is actually mandatory under EA General Reg 137 (3) but also makes the identification process easy.

During the testing please be prepared to follow the directions and try not to be distracted as it slows the process down.

Be aware that, under EA rules, the testing procedure includes collection of urine and blood samples.

Results

The majority of tests return a negative, or clear, result. You will not be notified of this result, but you can check the result on the EA website which lists all clear samples. This is done by the unique number (barcode) that you will receive as a receipt for the urine and blood samples and can be found here:

www.equestrian.org.au/sites/default/files/31082022 Medication%20Control%20 ClearSamplesRegister.pdf

In the unlikely event that an irregularity is detected by the laboratory, you will be contacted by EA with options.

Take Home Messages

- EA tests to protect the welfare of all horses, and to maintain a level playing field for all members.
- EA Medication Control Stewards are entitled to be treated with respect and courtesy.
- The EA Medication Control Policy has been developed to not only protect horses but also to maintain the integrity of the process which supports EA members.
- Download the FEI Clean Sport Prohibited Substances App.
- Check everything you treat your horse with.